



Light and Healing Center

NPO017-489

BACK TO BUSINESS!

After successfully navigating COVID 19 over the past two years, we are excited to bring our outreach programme back to businesses.

We invite you to experience the healing touch of our visually impaired therapists who offer a variety of treatments.

With proper safety measures in place, we're ready to bring our business to your doors once more.

Outreach Business Hours:

10AM - 3PM | Mondays to Fridays

For updates, follow us on Facebook or
official website: lightandhealing.co.za
or contact us at 021 761 9507 / 060 710 4052
admin@lightandhealing.co.za



OUTREACH RATES

Back/neck/shoulder	45 min	R360
Full body massage	60 min	R450
Reflexology	30 min	R200
Seated hands or feet	20min	R 150

We provide

- Friendly and professional service
- Transport to and from your workplace
- Fold up massage beds
- Towels
- Aromatherapy massage oil
- Experienced visually impaired therapists
- Pillow for extra comfort
- Calming music

You provide

- A private space to work from

The Light and Healing Center is committed to empowering visually impaired men and women by creating livelihood opportunities where they feel safe and are able to grow



**THANK YOU FOR YOUR
CONTINUED SUPPORT!**

