



# TRACEY

AROMATHERAPY MASSAGE  
THERAPIST: TRAINEE

## CONTACT

Light and Healing Centre  
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Tracey  
Trainee therapist  
Light and Healing Centre  
Plumstead  
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## About me

I left a career in Architecture and Town Planning to become a full-time mother to my two young children. I found myself wanting to explore new career options and ways to express my talents in a meaningful way.

## Why am I doing massage therapy

I love interacting with people and I am passionate about helping others so the Light and Healing Centre's aromatherapy course has provided a perfect opportunity for me to learn new skills that will enable me to begin my new career path.

## What I am thankful for

Aromatherapy has helped to transcend my visual and hearing limitations and restore my ability to offer value to others.

If you would like to book a treatment with me, please contact the Light and Healing Centre.

I look forward to meeting you!

Tracey