



# GAFSA

AROMATHERAPY MASSAGE  
THERAPIST: TRAINEE

## CONTACT

Light and Healing Centre  
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Gafsa  
Trainee therapist  
Light and Healing Centre  
Plumstead  
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## About me

I am 53 years old, and I am hardworking. I love learning and experiencing new things. Everything I do, I strive to do to the best of my ability. I do not have children of my own, however, I have raised babies until they were toddlers. I like seeing people happy, so I go out of my way to help wherever I can. I enjoy reading, baking, exploring, and I love challenges.

## Why am I doing massage therapy

I love working with people. I started aromatherapy massage because I liked massaging my family and friends. Doing this course has provided me with an opportunity to learn how to do it professionally and allows me to be a benefit to others.

## What I am thankful for

I am able to live out my passion by massaging and learning how the body works, as well as learning about how essential oils and massaging go together to heal mind, body and soul.

If you would like to book a treatment with me, please contact the Light and Healing Centre.

I look forward to meeting you!

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